

Baby's first bedroom

INTERIOR DESIGNER Medina King REVEALS HOW TO CREATE AN ORIGINAL, STYLISH AND INSPIRING NURSERY THAT BOTH YOU AND YOUR LITTLE ONE WILL LOVE

The Scandinavian nursery – featuring a palette of grey, white and black with a pastel pop of blush, mustard or duck-egg blue and natural wood – is a popular choice. Pale grey or white walls can be decorated with dot or raindrop wall stickers, accompanied by charming prints or inspirational words. This modern nursery (below) designed by blogger Stevie Maxine Watson is the perfect example – I love the backdrop of gold dots on an all-white canvas.



Briki Vroom Vroom push-along toy £30, en.smallable.com

Fabric lampshade £27.99, wayfair.co.uk



Cotton musical mobile £37, camcamcopenhagen.com

More traditional nursery will always be in fashion. Using a bold hot air balloon print on the walls not only introduces a travel theme but it's also a beautiful print for babies to focus on. You can feature balloons as a 3D mobile, hung from the ceiling or over the cot, or by using wallpaper like Lily Paulson-Ellis has in this room (below).

To achieve a luxurious look, give your window the layering treatment, with a roman blind, curtains and a pelmet. Fabric like this can be sourced from the Romo range at Liberty (liberty.com), while similar tiebacks can be found at Style Library (stylelibrary.com)

Manuel Canovas wallpaper from £138 per roll, janeclayton.co.uk



'Bashful Poodle' soft toy £17.50, jellycat.com



Ride-on car toy £96, thewhitecompany.com

Cashmere blanket £117, maisoncashmere.co.uk

Metal frame mirror £161, maisonsdumonde.com

The Baby Cot Shop in Chelsea has a near-identical chair – the 'Salome' nursery glider, which can be customised from £1,590 (thebabycotshop.com)

NURSERY CHECKLIST

- Choose a comfortable nursing chair for feeding or soothing your newborn to sleep. A footstool or ottoman adds comfort for mum, too.
- Have practical and accessible storage for everything baby-related, from toiletries to clothes and cuddly toys. You'll also need ample storage for a growing library of books.
- Invest in a cot bed that can be adjusted with your growing child. You will have to lower the bed when baby gets to the jumping and climbing stage, but these beds usually last until age five.
- Task lighting is essential for creating a mellow mood in the nursery. You can achieve this with a standalone floor lamp, a table lamp or even a wall sconce.
- You'll be surprised at how much time is spent on the floor in a nursery, so it must be comfortable enough for 'tummy time' – if you don't have carpeted floors be sure to include a large, soft rug to play on.
- Your changing mattress can be placed on the chest of drawers when baby is little, or you can buy an adaptable changing table. 



Merino wool blanket £100, zurihouse.com



Wood and faux fur stool £75.59, maisonsdumonde.com

Urban Walls is the go-to for modern wall décor. Although based in Canada, it ships worldwide (uwdecals.com). Alternatively, buy a few rolls of gold dotted wallpaper from Eijffinger, from £81 per roll (wallpaperdirect.com)

Plastic photo frame £3.95, ikea.com

Brass hanging wall light £150, bespokelights.co.uk

Timber Folk Store wooden wall banner £14.72, etsy.com

Nutmeg wall stickers £9, noths.com

Copper wire waste bin £16, made.com

Cotton cushion £20, next.co.uk

The Little Green Sheep cotton blanket £30, huggle.co.uk

Shag-pile rug £49.99, therugseller.co.uk

Aden + Anais muslin swaddles £42, naturalbabyshower.co.uk

Changing mattress £19, mamasandpapas.com

Rope storage basket £24, gltc.co.uk

Copper wire letter £1.75, hobbycraft.co.uk

Oeuf NYC cot bed £730, nubie.co.uk

Wicker hamper £20, whittard.co.uk

Stainless steel picture frame £65, georgjensen.com

By Garmi wall print £20, opumo.com